

What do we offer at
Rehabilitation Works?

Experience !

Our physical therapy
team has enjoyed
working with
patients in this
community since
1986.



Skilled Manual Therapy!

Knowing how the shoulder joint is
supposed to move
and helping to
achieve that
movement though
gentle techniques.



Call Today:
269-343-7100

Independently Owned

Certified Rehabilitation Agency

Est. 1986

Services Include
Physical, Occupational & Speech Therapies
Pediatric thru Adult:

Our therapists take the time to work with
you and your family on an individual basis.
Together, we strive to achieve the goals
that matter most in your life.

The Choice Is Yours!

Rehabilitation Works
303 Balch Street
Kalamazoo, MI 49001
Ph: 269-343-7100
Fax: 269-343-1330

www.rehabilitation-works.com

We participate with a majority of insurances
including Medicare.
We also offer a self-pay option.

Rehabilitation Works

Physical, Occupational, and
Speech Therapy

Shoulder Pain?



You need:

Physical Therapy

Reduce Recovery Time

After Shoulder Injury!

Physical therapy is often beneficial for patients suffering from shoulder pain related to minor sprains, strains, wear or tears.

Sometimes practicing just a few targeted exercises each week is enough to restore full function and mobility to the shoulder joint.



After Shoulder Surgery!

Physical therapists are knowledgeable about surgical procedures.

Guided by your surgeon's protocols treatments are tailored to achieve optimal outcomes.



Therapeutic Exercise:

Physical therapists determine what exercises you should be performing and making sure you are doing them correctly.



By participating in a specific exercise program, you are sure to strengthen appropriate muscles and heal more quickly.

Therapeutic Activities:



Knowing how to perform normal 'daily activities' without further injury, is important for getting you back to work or play as soon as possible.

Stretching Tight Muscles and Joints:

Stretching is vital in maintaining good range of motion of joints and the flexibility of muscles.



With proper stretching, these functions can be restored and preserved.

If you have stiff joints or tight muscles, normal activities, such as climbing stairs or reaching overhead, can be severely affected.



Other Treatment Tools

We also use a variety of devices to help patients: relax, strengthen muscles, decrease swelling, improve blood or lymph flow, decrease pain and improve healing time.

*For more information:
www.rehabilitation-works.com*